

THE CENTER FOR DENTAL EXCELLENCE

Excellence by Choice

Produced for the patients of The Center For Dental Excellence

Fall 2014

from the **dentists**

Raising Awareness

Breast cancer & oral hygiene

During the month of October, we will make a donation to Breast Cancer research for every New Patient we see!

The Best Cure is Prevention

Did you know...

According to the Journal of Breast Cancer Research and the World Health Organization, you may be 11 times more likely to develop breast cancer if you have poor oral health or gum disease? Gum disease has also been linked to prostate and pancreatic cancers, stroke, heart disease, diabetes,



arthritis, osteoporosis, Alzheimer's, pneumonia and problem pregnancies.

Gum disease can appear without symptoms, but it can be treated and sometimes reversed. To maintain your

dental health, you need to see your hygienist at least two times a year. Could it be time for your preventive care appointment? Now would be an excellent time to call!



Helping You Get That Natural Looking Smile.

Are You Struggling With Missing Teeth? Join Us for a FREE Dental Implant Seminar

Monday, October 20th at 5:30 p.m.

- The first 7 to call receive a special gift!
 - No Obligation
 - Refreshments will be served
 - Call NOW – Seating limited to 17

(708) 798-1234

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THANK YOU FOR ALL YOUR REFERRALS. WE APPRECIATE THEM!



We Love Your Referrals

- Refer 1** new adult patient...
Receive a \$25 Target® Gift Card
- Refer a 2nd** new adult patient
...Receive a \$50 Target Gift Card
- Refer a 3rd** new adult patient
(and for every subsequent new patient) ... receive a \$75 Target Gift Card, and ... become a member of our exclusive VIP Club!

Finding Flossey Fridays

It's easy as 1, 2, 3!

Win a \$25 Gift Card and Shop Local!

EVERY FRIDAY, Flossey will be parked somewhere in our Homewood-Flossmoor Community. Here's what you do...



1. Find her. 
2. Take a picture with her.
3. Send the picture to FindFlossey@gmail.com.

A winner a week will... receive a \$25 Gift Card from a local business!

THANKS TO: Jonathan Kane Salon, Homewood Florist, Grady's Grille, Cilantro, Art 4 Soul, Sweet Annie's & Drew's, The Cottage on Dixie and Twisted Q.

office information

The Center For Dental Excellence
19615 Governors Hwy
Flossmoor, IL 60422-2037

Office Hours
Mon-Thu 7:00 am – 7:00 pm
Friday 7:00 am – 4:00 pm
Saturday 8:00 am – 1:00 pm

Contact Information
Office 708-798-1234
Email dentalexcellence@comcast.net
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Dental Professionals

- Cary N. Goldberg Dentist
- Charles J. Greenebaum Dentist
- B. Lynn Malone Dentist
- Brian J. Walczak Dentist
- John A. Saniat Periodontist
- Linda Bova Hygienist
- Suzanne Duntz Hygienist
- Angela Howell Hygienist
- Shannon Kellams Hygienist
- Darlyne Klages Hygienist

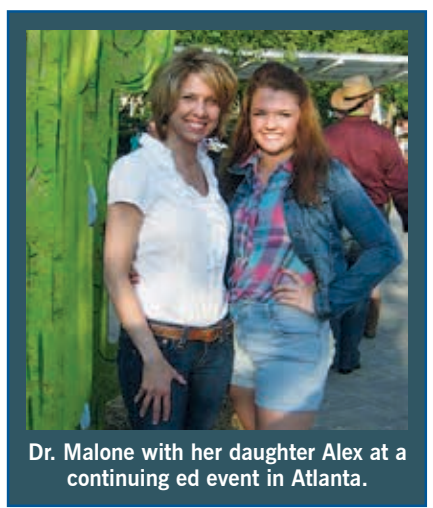


Dr. Malone's Chicken Tortilla Soup

- 2 cans (14oz) of chopped tomatoes with Chiles
- 1 cup of Salsa
- 1 can (2oz) of diced chilies
- 1 can (12oz) of cream of chicken soup
- Chicken broth (48oz)
- 3 cans cooked chicken with broth
- 1 can corn - drained
- 1 can carrots diced - drained
- 1 can (28oz) of Pinto beans - drained and rinsed

- Combine first four ingredients in blender and puree.
- Add to the rest of the ingredients in a large stock pot and bring to boil.
- Cover, reduce heat, and simmer for 45 minutes.
- Top with broken up thin tortilla chips, cooked orzo, shredded Mexican cheese, and sour cream.

Favorite recipe of a busy working mom and the men at my husband's Firehouse.



Dr. Malone with her daughter Alex at a continuing ed event in Atlanta.