

# AND ANOTHER THING...

## Tight-fitting Dentures Only a Day Away

*Getting lower dentures that are reliable and look good can be life-changing.*

by Charles Greenebaum, DDS  
Community contributor

Dentures are a poor substitute for natural teeth. There are many problems associated with dentures including compromises in chewing function, pain, diminished taste, speech difficulties and loose dentures in general. People usually get along with upper dentures because they stay in place pretty well. Talk to denture wearers, and they will tell you the lower denture is the big problem. They are never tight. Unlike the upper dentures, the lower dentures just don't have much to hold on to. On top of that, there is an ongoing struggle with the tongue and cheeks constantly lifting the denture out of place.

About 30 years ago there came a solution; the dental implant. These titanium anchors could be used to hold a denture securely in place. This advancement immediately changed people's lives. They could eat, talk and smile without the lower dentures coming loose. It was a miracle. The big problem was that the cost for implants was very high so it was not practical for many of the people who needed them most.

Conventional implants continue to be state of the art with constant improvements in their design. The problem remains

the same 30 years after they were first introduced. Many people just cannot afford them.

Now, there's an affordable alternative to conventional implants: mini implants. This smaller version of conventional implants was originally designed for temporary solutions. However, today they are becoming a long term solution for people who won't or are unable to consider conventional implants.

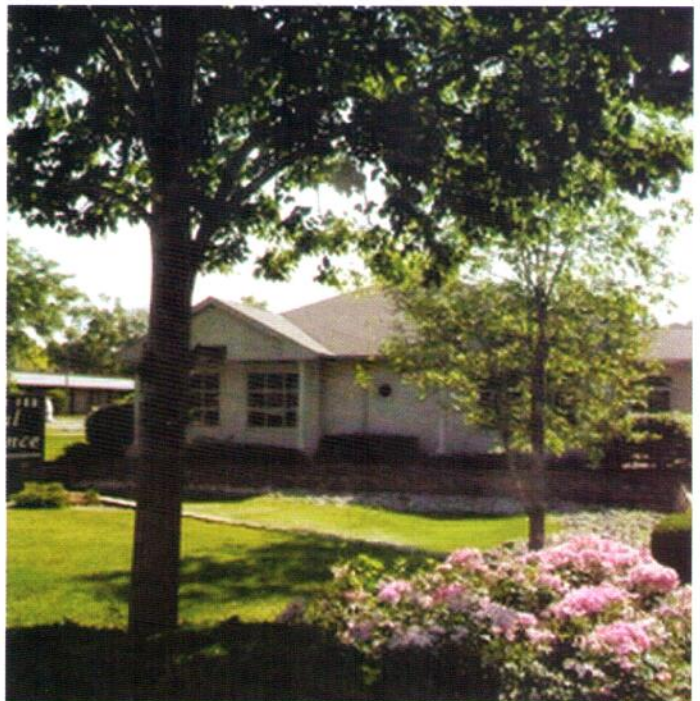
For people with a lower denture, four mini implants are placed in the lower jaw and the patient's current denture is altered to securely attach to the implants; all in the same day for about half the cost of conventional implants. Just imagine what these mini implants can do for someone's life. Walk into the dental office with a lower denture that is loose. You can't eat, have constant sore spots, and are embarrassed because the denture falls out when smiling or talking. Walk out of the dental office the same day with a tight fitting lower denture; being able to eat, smile, talk with confidence and all without pain.

Do you avoid socializing because you fear embarrassment? Are you quiet because you are self-conscious about talking and laughing? All of that changes when your dentures are secure. Implants are a real option for almost everyone. Call a dentist today and see how tight dentures can change your life.



Charles Greenebaum runs a dentistry at 191615 Governors Highway in Flossmoor.

Photo courtesy of Lori Tozer



There are now miniature implants that have a tighter fit and allow patients to eat, smile and talk without pain.

Photo courtesy of Lori Tozer