

# ! THE CENTER FOR DENTAL EXCELLENCE

*All Dental Specialists In One Excellent Location*

Produced for the patients of The Center For Dental Excellence

from your CDE Family

## Our Website Got A Facelift!

Check out our new, improved website at [flossmoordental.com](http://flossmoordental.com)! Many dental resources and a glimpse of some of your favorite CDE providers are there, ready and waiting for you.

### Do you wonder...

- how *The Center for Dental Excellence* came to be? Go to the **About** tab and click on **Our Story!**
- how your hygienist chose her career and what she enjoys doing in her spare time? Go to the **About** tab and click on **Meet the Team!**



- what dental treatments are available for you at CDE? Click on **We Can Help With!**

- what awards your CDE team has earned? Go to the **Why CDE** tab!
- what affordability options are available for patients without Dental Insurance? Go to the **Resources** tab and click on

### Dental Assistance Savings Plan!

All of this information and so much more is now at your fingertips, so please take a look!

## Do You Have This Unexpected Side-Effect?

### A pandemic predicament

As if a global pandemic isn't enough to worry about, we are seeing a parallel epidemic – an increase of dental concerns directly related to stress that include fractured teeth, migraines, jaw pain, and tooth sensitivity.

#### Due to the added tension this year, some patients are...

- clenching teeth
- grinding teeth
- working from home with poor posture which can cause night-grinding
- experiencing intensely tense shoulder, neck, head, and face muscles
- suffering from insomnia which means a decrease in the restorative sleep needed to stay healthy and manage the added pressure effectively.

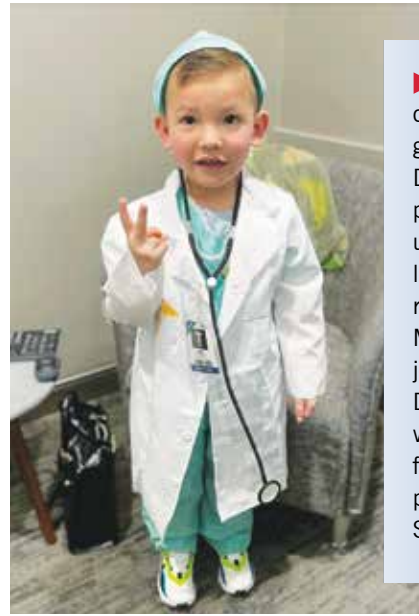
Take a moment right now... Check the position of your teeth. Are your top and bottom teeth touching? If so, you're likely clenching unconsciously. Take another moment to relax your jaw, then, if you're finding you're dealing with any of the stress-related symptoms above, call us. We'll assess your dental health, help you intercept damage (a simple, custom-fitted nightguard works wonders), and repair any oral injury that has occurred.



Let us help you enjoy a pain-free life with a beautiful smile. Call today!

THANK YOU FOR ALL YOUR REFERRALS. WE APPRECIATE THEM!

# From Your CDE Family...



► Our Pediatric department is growing! One of Dr. Erin's adorable patients surprised us by dressing up like a doctor for his recent appointment. Maybe one day he'll join our CDE Team! Do you know a child who would benefit from our special pediatric care? Send them our way!

► This young mother was a patient of Dr. Malone's when she was a child! She and her husband returned to our community to raise their family. For insurance purposes, she took her son to a different dentist who was nice, but didn't provide the detailed care she was used to. Wanting her son to receive the same excellent dental care she experienced growing up, they returned to our practice and their trusted Dr. Malone. Welcome back to the CDE Family!

## office information

### The Center For Dental Excellence

19615 Governors Hwy  
Flossmoor, IL 60422-2037

### Contact Information

Office 708-798-1234  
Email [dentalexcellence@comcast.net](mailto:dentalexcellence@comcast.net)  
Website [flossmoordental.com](http://flossmoordental.com)

### Dental Professionals

Cary N. Goldberg ..... Dentist  
Charles J. Greenebaum ..... Dentist  
B. Lynn Malone ..... Dentist  
Matthew M. Witkowski ..... Dentist  
Ellen H. Dace ..... Dentist  
Robin Gallardi ..... Oral Surgeon  
Charles Bond ..... Orthodontist  
Erin Petrik ..... Pediatric DDS  
John A. Saniat ..... Periodontist  
Gail Tischke ..... Endodontist  
Suzanne Duntz ..... Hygienist  
Darlyne Klages ..... Hygienist  
Stefanie Kozlowski ..... Hygienist  
Mary Claahsen ..... Hygienist  
Sheree Wertz ..... Hygienist  
Rachel Washington ..... Hygienist

► Congratulations to Larysa and her new husband on their recent marriage! Larysa is CDE's Insurance Coordinator and our patients' fiercest advocate when it comes to making the most of their insurance benefits. Your husband, team and patients are all fortunate that you found us, Larysa!



## It Could Be *You!*

Every month, lots and lots of your fellow CDE patients are the lucky recipients of \$20 Amazon Gift Cards. Next month, it could be YOU! How, you ask? Simply refer a New Patient who is 21 years or older and ask them to mention your name when they call. That's it! There is no limit to the number of Gift Cards you can receive. Thank you for helping us spread the CDE love!

